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Contains information for every instructor, student, and archer.

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November 2019

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ODFW Corner

Hi everyone,

During this time of year, we start to contemplate the things we are thankful for. I was looking through some old pictures, scrolling through my Facebook albums, and I started noticing how many archery photos I had. Photos from competitions, hunting, and just having fun shooting. I thought to myself, I am so thankful that I found archery.

Archery has been a lifelong sport for me. It's great that I was able to start shooting with a little red Genesis Bow when I was 12, and that I still am able to shoot today (although, I have upgraded to a bow with a little more power). After I started archery, I was also able to get my dad and my younger sister into the sport. Now, archery and bow hunting are both adventures that we can all enjoy together!



There's something special about time spent in the woods with friends and family, whether successful or unsuccessful while hunting. The picture below was after a bow hunting trip in the Colorado Wilderness, and was my first pack-in hunting trip ever. My favorite part of this trip was that my grandpa came along for the experience. He had never spent much time hunting,

except for a few times my dad took him on goose hunts. Although he just came along to cook and help pack out if needed, it was great being able to share what bow hunting is all about with him. What was even better, was that we were able to find elk and put a stalk on them. He watched the entire thing, including us spooking them when we got too close.



When I think about competitions and shooting my bow in general, I remember all of the people I have been able to meet through archery. If you compete a lot, you shoot with people both near and far. I've had the chance to meet people from all over the USA, including Wisconsin, Montana, Texas, and California. On top of that, I've shot against people from other countries including France, Mexico, and Norway. Archery was the first sport I ever tried where the people I was competing against were friendly, helpful and encouraging. Many of the people I have met over the years I am still friends with and shoot with to this day.

Archery has allowed me to make many memories and friends over the years, and I am thankful for every one of them.



Why are you thankful to be an archer or a bowhunter?

As always, if you have any questions or if there is anything I can help you with let me know.

Happy Shooting,

Stephanie Rustad

A handwritten signature in black ink that reads "Stephanie Rustad". The signature is written in a cursive, flowing style.

Archery Education Coordinator

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Upcoming Events and Classes

NASP® BAI Certification

Register at www.naspbai.com and have the principal of your school send Stephanie.m.rustad@state.or.us an email giving your school permission to participate in the NASP® program to receive the free equipment kit which is only available for a limited time

Please contact Stephanie if your school would like to host a certification class (minimum 5 participants - may be from surrounding schools, community members, or other faculty)

S3DA Basic Instructor Certification

For more information, reach out to your region's coordinator:

Oregon State Coordinator: Stephanie Rustad, email:

Stephanie.m.rustad@state.or.us

Oregon West Region: Craig Tokuda, email: ctokuda@comcast.net

Oregon East/Central Region: Crystal Lohner, email: iaff.reed@gmail.com

USAA Level 1 Instructor Course

For more information, check <https://www.usarchery.org/coaches/find-a-course>

Hunter Education

Dates available at www.myodfw.com

Conventional Class: This class gives a thorough introduction to the skills hunters need, covering topics like: firearms safety, hunter ethics, wildlife identification, hunt preparation and techniques, and outdoor survival. All youth students are required to participate in a live-fire exercise.

Field Day: Students must complete an online course or workbook and bring the online course completion certificate or completed workbook to this ODFW Field Day. Field day instruction includes a review of course topics, Oregon hunting regulations, ethics, conservation, firearm safety field exercises, a live-fire exercise and a 60 question written final exam.

Hunting Stories



16 year-old S3DA archer Alli D.'s father recounts her successful elk hunt this year:

We saw two different herds a long ways off. No good bulls in either heard. Then we headed to another spot that I wanted to check out. Spotted a cow

on the road and she walked off into the replanted trees. It looked pretty thick but we headed in to have a look see. Headed in about 40 yards and let out a couple cow calls followed a small bugle. Instantly he fired back with his own bugle. I cut him off with one of my own bugles and that pissed him off. He was headed in. We could hear him breathing as he close the distance. We were standing on a huge old growth log to see a little better. Alli had a lighted nock on her gold tip arrow ready to fly out of her Athens Summit. You could see the trees moving as he closed the distance. I told Alli to be ready. He came out 8 yards and broadside. I let out a soft cow call and he hit the brakes. It seemed like forever to me for her to shoot. As the arrow took flight and the lighted nock lit up I knew it was a good hit. He spun and took off. I then started cow calling and he stopped just out of sight. As we start tracking I found about 4 inches of the arrow and confirmed what we already knew. After following it about 40 yards we found her bull. Here are some pics of her evening. Long night but worth every minute of it. (*James D.*)



Wild Hart Outdoors recounts Marshall's successful archery hunt that they were able to mentor this year:

You guys! If you want a truly rewarding experience, take a kid hunting! I've been fortunate to be part of Marshall's archery journey from the beginning.

He doesn't come from a 'hunting' family, so he needed help and we were happy to do it. Last year he decided he wanted to hunt turkey with a bow. We said okay, we will take you turkey hunting, but you have to be able to shoot a tight group of arrows because they have a small kill zone. This kid worked hard at it for months and by turkey season he was ready. One hour into his first hunt he made a perfect shot on a beautiful tom. This year he wanted to go deer hunting. We set up a blind and had some nice little bucks coming in. Last night, our first night in the blind, the buck he wanted walked in with two others at last light. He made a perfect double lung-er on this beautiful black tail. The deer went less than a hundred yards and fell over. We can NOT describe in words the pure joy it gives us to mentor a kid who is passionate about the outdoors. To watch him grow and to be able to help him along the way. What a blessing. We are so proud of him! Now he wants an elk. 😊 (*Wild Hart Outdoors*).

Last call for pictures from this hunting season! Archers, turn in your story and/or photos during or after the 2019 hunting season. You may be included in a future edition of The ODFW Quiver. They can be stories about a successful hunt, funny incidents, or a lesson learned. Please caption photos with name (location if available).

Upcoming Tournament Season

Oregon has a lot of great tournaments scheduled for 2020, including many tournaments for NASP® and S3DA®. Here are some important reminders before we start the season:

- Read the tournament etiquette document found on myodfw.com
 - All ODFW events require pre-registration
 - NASP®: www.nasptournaments.org
 - S3DA®: www.s3da.sport80.com
 - Regional tournaments for S3DA® and NASP® indoor are new this year. In 2020, regional tournaments will not be a pre-requisite to participate in the state tournament. In 2021, participating in a regional tournament will be a pre-requisite to participate in the state tournament.
 - Check the tournament schedule at the end of every ODFW Quiver for upcoming events
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Academic Archer

NASP® Academic Archer is open to ALL participating NASP® students – tournament participation is not necessary!

Last year, Oregon had 91 students nominated as Academic Archers. This year, our goal is 200! The archers that are nominated are entered for a chance to WIN A FREE GENESIS BOW. In 2019, one of Oregon's Academic Archers was the recipient of a Genesis Bow!

The program was established to promote and recognize academic excellence among student archers. Each student that is registered into <https://nasptournaments.org> as an Academic Archer, will be automatically registered for a chance to win 1 of 10 free Genesis bows and specially marked Easton arrows – given away each year by NASP. Names of winners

will be announced prior to the national NASP® tournament. Together, let us recognize student success both on and off the range.

To qualify:

1. The student should be/have been a full participant in their school's "in-school" NASP® archery class
 - a. And/or be members of the school archery team
2. The student should have no D's or F's (or equivalent)
3. The student should maintain a grade point average that establishes them well within existing school GPA criteria for high academic scholarship
4. When no school academic recognition criteria exists, the NASP® coach should contact and collaborate with the school principal to establish such criteria before designating students as academic archers

To designate students:

1. Log into <https://nasptournaments.org>
 2. Click the "School" drop down menu
 - a. Select "school manager"
 - b. If your school does not appear, click on the "search for a school" button to associate your account with your school
 3. Go to the "Archers" section and find the archer you wish to designate
 - a. If the archer is no on the list, click "Add Archer"
 - b. If the archer is on the list, click the orange "Action" button and click "view/edit"
 4. On the archer edit screen, click the check for "academic archer" box
-

5. Click save

Asked & Answered

ODFW is here to help grow your archery program in any way that we can. Please submit questions to Stephanie.m.rustad@state.or.us and they may be featured in the next issue of the ODFW Quiver.

Q: Running an archery club has more fees associated with it than I thought, what are some ideas on how to fundraise to cover these fees?

A: Try to be as creative as possible, donors like to see new ideas/events. Here are some fundraising ideas:

Reminder, you are responsible for researching what is required to hold any fundraising event for your club. [Charitable gaming regulated by the Oregon Department of Justice (DOJ) consists of bingo, raffle and Monte Carlo events in which the proceeds are used to fund the activities of tax-exempt nonprofit organizations.]

1. Broken Arrow Pens: If you have carbon or aluminum arrows that can no longer be used (ones that still have all of their vanes) take the arrows to somewhere that has an arrow saw, like an archery pro shop, and cut them down to about 8 inches. Take a pen ink insert and slide inside of the arrow, add the tip over the insert and glue to arrow shaft. Make sure to get inserts that have the pen tip!
 2. Shoot-a-thon: Have the archers solicit sponsors who will donate a set amount for each arrow shot in a specified time period. An example of
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this would be someone will donate a dollar for every arrow shot by their archer during a 24 hour event. If the archer shoots 100 arrows during those 24 hours, they receive \$100.

3. Archery Tournament: Host an indoor, 3D, or outdoor tournament. Talk with local businesses to see about getting door prizes donated, and have awards for top finishers. Charge enough of a fee to cover awards and any other costs, and a couple dollars extra to go to the club. Stephanie has a basic “how-to” document if you are interested.
 4. Intro to archery class: Consider asking a range to donate their targets/space to run this, and using those who are fundraising as assistant coaches. Make sure to have enough certified coaches on hand. This also builds awareness of your group.
 5. Archery Station: Have a station set up at a large event were a person can pay for a set number of arrows (ex. \$1 for 5 arrows). This can also be done with the archery disc thrower. Make sure that the range is set up safe, and you may need to provide basic instruction. This also builds awareness of your group.
 6. Sponsors: Offer sponsorship opportunities to local business and local group charter (OHA, Mule Deer Foundation, etc.) in exchange for ad space at the range or on a shirt.
 7. Raffle: Buy or have someone donate an item to raffle off. Note – think of something that a lot of people will want and who you will try to sell tickets/cards/coupons to. In some cases, you may want to consider non-archery related items. Visit doj.state.or.us/charitable-activities/charitable-gaming/charitable-gaming-faqs/ for more information about how to hold a raffle in Oregon.
 8. Bingo: Visit doj.state.or.us/charitable-activities/charitable-gaming/charitable-gaming-faqs/ for more information about how to charge for Bingo games in Oregon.
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9. Car wash: Ask a local business to donate their location and water access/supply for the event. Supplies needed include: Sponges or car wash gloves, long handled car wash brush, hose, car wash soap, and towels.
 10. Can and bottle drive: Visit <https://www.obrc.com/Fundraising> for more information on can and bottle drives in Oregon.
 11. Business takeover: Talk with local businesses and see if they will allow you to “run the place” for a day or if they are willing to donate a portion of the profits from any sales your group brings in. Examples of this include movie theaters, restaurants, pools, bowling alleys, and arcades.
 12. Grocery store registers: Talk with your local grocery store to see if they have the option to “round up to give back” at the register.
 13. Trivia night: Host a trivia night at a local business, they donate the location in exchange for you bringing people in, charge an entrance fee and have a prize for the winning team. An idea for a prize could be an item or gift certificate to the host location. Think of some archery related questions!
-

Words from the Community

I am thankful for being an archer/bowhunter because_____:

Mychal C: I'm a first year bow hunter, and it has been very humbling and rewarding.

Kenneth S: The opportunity to make memories with my kids and friends. The meat is what sustains our family year after year.

Keegan H: The time with family and friends, away from the rigors of day to day life. The opportunity to harvest truly organic meat.

James D: Seeking the smile on their face after all the hard work pays off.

In response to Asked & Answered September, 2019

So, I have an interesting response from my team about enough practice time. The first couple years we had no room on campus in either of our 2 gyms because of the basketball schedule for school, and the rec leagues that use the gym. Even on the weekends. We practiced at Sportsman's Warehouse, who graciously supported our team as it grew by allowing us in their small, almost 10 meter alley. I had 30 minute time slots and rotated 4 students through those 30 minute slots Monday, Tuesday and Wednesday from 4:00-7:30pm. But we lacked 15 meter practice. When we had a group who qualified for Nationals and committed to go, I tried an experiment. I was able to get the gym in the morning before school from 7:00am - 8:00am. The kids made every practice. Every students' score increased. One of my 6th grade girls increased 40 points! I returned from Nationals and went to my AD and booked the gym for this school year, every morning from December 4th through the end of the school year. Nobody every uses the gym in the morning so I had absolutely no conflict! I thought for sure I would have kids decide to not participate this next year, and I have told everybody in sight about the change in time, but I am well on my way to having an even larger number participating this year and daily 15 meter practice!

As for coach time, we have many parents and volunteer coaches lined up for this upcoming season. Significant coaching will be done by the head coach

and assistant coaches, while the parent/volunteers will be there to watch for safety. A total win for everybody!

(Didi C., St. Mary's of Medford)

Volunteer Opportunities

Foster Parents Night Out:

December 14, January 18, February 8, March 14, April 18

5pm-8pm

Sponsored by Every Child to give respite care to foster families. The site hosts 40-70 kids each month and provides activities and a meal. Ages are 7-18 years old.

This group is looking for certified archery instructors that would be interested in running a special archery activity on one or more of the dates listed above. For more details contact Shawn Barnes at mjb6171@gmail.com

Tournament Schedule

*ODFW Hosted Tournament – Pre-registration Required

November 2019

11/3/2019 Vegas Turkey Shoot – Cascadian Bowmen

11/3/2019 Turkey Shoot (40 3D targets) – High Desert Archers

11/9/2019-11/10/2019 Veteran's Day 3D Shoot – Celilo Bowmen

January 2020

*1/1/2020-2/14/2020 S3DA Western Virtual Indoor Tournament – S3DA
Virtual

1/11/2020 Bagent's Stick in the Mud Memorial 3D – Green Valley Archery
Club

*1/18/2020 Oregon North Regional S3DA Tournament – M2 Outdoor Sports

*1/25/2020 Oregon South Regional S3DA Tournament – Caveman Archers

February 2020

*02/01/2020 Oregon NASP® Southern Regional Tournament – St. Mary's
School of Medford

*02/01/2020-03/14/2020 Oregon NASP® Virtual Tournament - Virtual

02/06/2020 S3DA Vegas Shoot – Las Vegas, Nevada

02/07/2020-02/09/2020 The Vegas Shoot, Las Vegas, Nevada

* 02/15/2020 Oregon S3DA State Indoor Tournament – Bend Bowmen

*TBD – NASP® Northern Regional Tournament - TBD

March 2020

*03/07/2020 Oregon NASP® State Tournament – Linn County Expo Center

3/14/2020-3/15/2020 Glen Parson's Memorial 3D Shoot – Green Valley Archery Club

3/19/2020 S3DA Indoor National Championships – Louisville, Kentucky

April 2020

4/24/2020-4/25/2020 NASP® & IBO Western Nationals – Salt Lake City, Utah

4/25/2020-4/26/2020 Iceout 3D – Bend Bowmen

May 2020

5/7/2020-5/9/2020 NASP® & IBO Eastern Nationals – Louisville, KY

5/9/2020-5/10/2020 Mother's Day 3D Shoot – Green Valley Archery Club

5/23/2020-5/24/2020 Super Shoot Bull Springs – Bend Bowmen

*2020 Oregon S3DA State Outdoor Target Tournament (Junction City)

*2020 Oregon S3DA State 3D Tournament – TBD

June 2020

6/5/2020-6/7/2020 S3DA Outdoor Target National Championship – TBD

6/11/2020-6/13/2020 NASP® & IBO Open Championship – Daytona, FL

6/18/2020-6/21/2020 S3DA 3D National Championship - TBD

July 2020

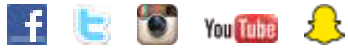
7/4/2020-7/5/2020 Greater Oregon Safari – Cascadian Bowmen

7/4/2020-7/5/2020 Dot Shot Bull Springs – Bend Bowmen

If your club/school/shop/range has an upcoming event, email Stephanie.m.rustad@state.or.us with event details to be included in a future issue. A list of club contact information can soon be found at <https://myodfw.com/articles/youth-archery-programs-oregon> by scrolling to the bottom and selecting Oregon Clubs, Shops, and Ranges. (Details include date, event name, location, and contact name).



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